# **BEINN A' GHLO CIRCUIT**

Distance	Ascent	Time	Difficulty
51.7km	1155m	4.0-5.5 hours	Moderate/Difficult

## Surface

A mix of good land rover track and even better single track. The single track is wet in places, particularly in sections between Fealar Lodge and Glen Tilt. The final descent into Glen Tilt is steep and loose and the single track section of Glen Tilt is rocky and technical in places.

### Hazards

River Crossing – The crossing of the Allt Coire Lagan and Allt Garbh Buidhe often result in wet feet, but both rivers may be impassable when in spate.

Snow – the bealach at the head of Gleann Fearnach is at 650m and may be impassable in snowy conditions.

### Start

Old Bridge of Tilt car park. If the car park is full it is possible to park in Blair Atholl and cycle back up the road to Bridge of Tilt.

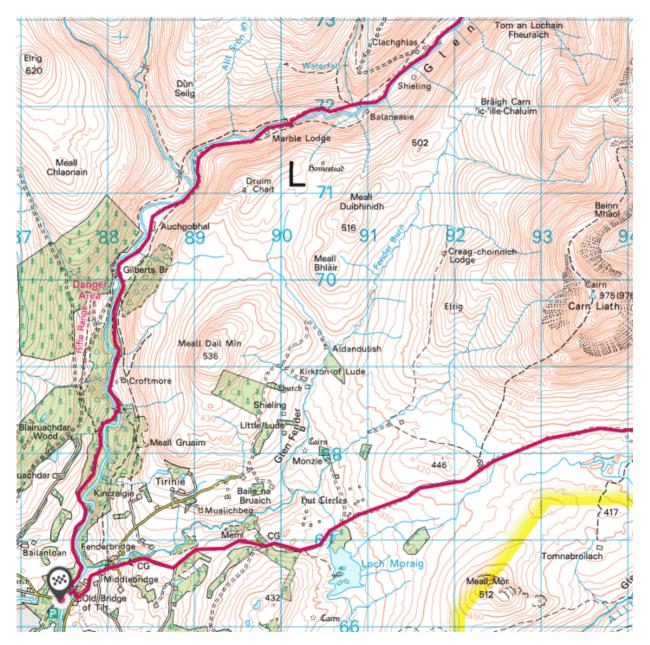
#### Finish

Old Bridge of Tilt car park.

## Route

Turn right out of the car park and cross the River Tilt to reach a T-junction. Turn left and start the long and strenuous climb up to Loch Moraig passing a road to the left, which marks the start of the steepest kilometre of climbing.

Turn right at the far end of the car park (also the end of the public road) and follow the land rover track uphill towards Shinagag. Ignore a turn to the left, which marks the start of the footpath up Carn Liath.

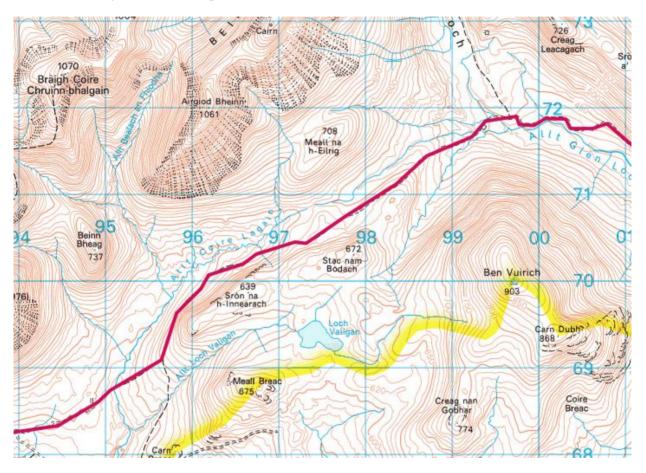


Continue past a turn to the right (to Shinagag) on a deteriorating land rover track, which soon turns into a wide path.

Turn right where the path forks (NN 949 686) and descend to ford the Allt Girnaig (wet feet probable). Follow the path up the wet hillside above the river and turn left onto the path which merges from the right.

The path improves to give enjoyable riding with occasional technical sections in a stunning setting as it climbs across the flank of Sron na h-Innearach. The final climb to the bealach into Glen Loch is wet in places.

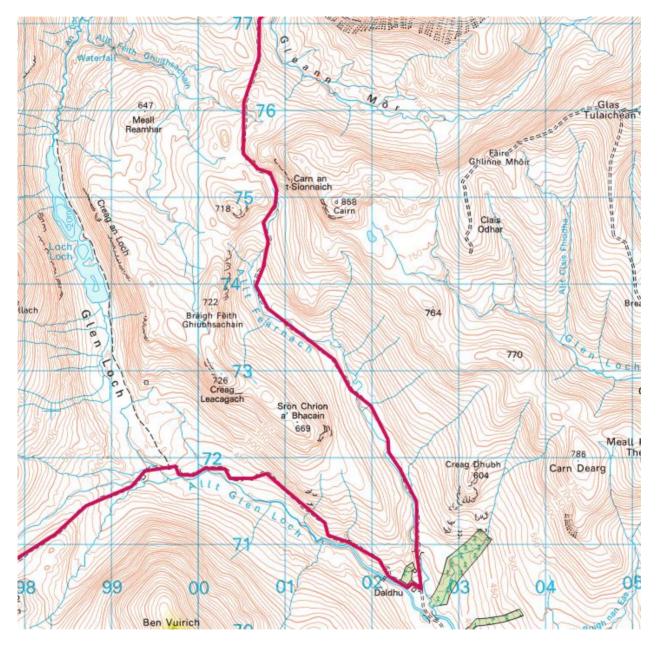
At the bealach the path changes to a rough land rover track, which gives a fast, flowing descent into Glen Loch past old shielings.



Once in the glen the land rover track rises and falls as it follows the river down to Daldhu.

Turn left at Daldhu to pick up the main land rover track up Glen Fearnach. The climb up the glen is steady until the final 2km to the bealach at the head of the glen where the track steepens as the glen narrows.

Descend into Gleann Mor on the steep land rover track, which is loose in places. The view is stunning.

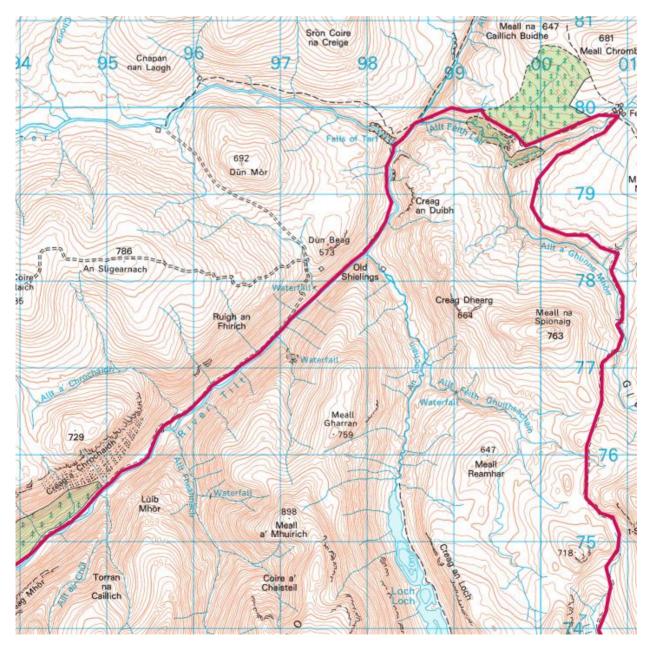


The descent ends at the bridge across the Allt a' Ghlinne Mhoir. Beyond the bridge the land rover track undulates as it traverses beneath the Maidan Mor until Fealar Lodge comes into view. Fealar Lodge is one of the remotest permanently inhabited homes in mainland Scotland.

Turn left at the bridge to pass the buildings on the left before climbing back up the bank after 50m to re-join a path which merges from the right. Follow the path (wet in places) above the deeply incised river valley. The path improves a bit as it turns north-west and crosses a stream, but there continue to be wet patches and some technical sections.

Pass through a gate at the end of the plantation and enjoy following the path downhill across short grass. The final descent down the spur to the junction of the Allt Garbh Buidhe and Allt Feith Lair is steep, loose and technical.

Cross the Allt Garbh Buidhe (wet feet possible) and climb the bank beyond to join the path down the north side of Glen Feshie. The initial section passing the Falls of Tarf is enjoyable, but technical in places. The single track ends where a land rover track merges from the right below Dun Beag.



The land rover track down Glen Tilt is straightforward and is followed all the way back to the starting point.

